

How to Be Your Own Genie Book Review

Notes

These are my notes I took while reading the new book by Hay House author and Tarot card creator Radleigh Valentine. It's called "How to Be Your Own Genie" and it's about finding your magical powers. You can create the life you want! Radleigh calls this being a "life designer" which is cute because it reminds me of an interior decorator finding awesome decor for your home. This is a sponsored blog post, meaning if you click the following link you can buy Radleigh's book off the Hay House website and I get a bit of money for referring you!

<http://hhafftrk.com/?a=8084&c=5736&p=r&s1=>

I love the purple book cover! And the typeface used for "Genie" is super cute. I can't say Hay House products always use the best graphic designers.

I won't include here what I've already written on my blog (see <https://newagestudies.org> and search for Radleigh Valentine).

Radleigh believes in hints from angels, nudging you onto the right path. I do, too! He says look for white feathers, the number 444 (I see I I I). He also says you can ask your angels to give you specific signs, like if you love elephants ask for elephant images. You might drive by a big billboard with an elephant on it.

You can also ask your angels to show you these specific signs the next day. For example, you could say, "Show me white feathers tomorrow if I should move to Seattle." Then, if you don't see white feathers you know it's a "no" from your angels. You could then say, "Show me yellow butterflies if I should move to Portland instead." And look for them the next day. I've never tried this but it sounds fun!

Your ego is what trips you up! It's always telling you NOT to do the things you want to do. It fears ridicule and disappointment. He likens it to Peter Pan's shadow, which is sewn into each step. I thought this was a creative way to explain it! You can't escape your shadow. It follows you everywhere.

He doesn't think any **ONE**THING in your life can ruin it. So don't have regrets! I am bad at this. Radleigh says he sees a lot of people who get Tarot readings from him who want to know if they should get back with an ex. You should not keep living in the past.

Radleigh's idea: release an old boyfriend/girlfriend by imagining them walking away from you. See them walking all the way to the coast and then boarding a ship and sailing away! I like this idea.

He writes about the different archangels (same ones Doreen Virtue used to talk about). I haven't had great results praying to specific angels, so I don't do it anymore. Lately, I've been saying, "all the angels and saints and Jesus and God and my higher self" to cover all the bases!

Like Radleigh, I like feng shui. I find the rules too complicated to follow, though, as far as which corner of your house stands for what thing. But Radleigh goes pretty deep into it. He has some creative ideas for river stones and red candles (my warning: I follow Sylvia Browne's advice to never use red candles. Too many dark spells have been cast with them, she said, and red symbolizes the devil.) My feng shui advice is to **CLEAN** and **ORGANIZE** everything and **DONATE** to Goodwill (or sell on Craigslist) things you no longer use. Please, don't throw things in the trash because it all goes into the landfill and sits there forever!

Another phrase he shares with Doreen is, "this or something better." You should add this to your prayers, in case you are praying for something that is not right for you!

Good advice from Radleigh: when you are getting rid of the Drama Queens and Energy Vampires in your life, don't confront them and tell them what you're doing. This will stir up a lot of trouble! Just ease into it by being slow to answer their emails/texts and return their calls. Tell them you are busy. Say "no" when they invite you over. They will soon find other "friends" to use. Being part Angel, I have a lot of problems with this myself. (I will be writing more about the different Spiritual Types, or Realms as Doreen Virtue called them. I am part Angel, Tree Fairy and Alien. Angels do too much for people and are "too nice.")

If you aren't sure if someone is good for you or not, think about how you feel after you see

them or talk to them. Are you tired and drained? Do you feel more pessimistic about life? Radleigh suggests scrolling through your phone contacts and emails and periodically ditching people like this.

If something doesn't work out, Radleigh sees this as a positive. He thinks it's God's way of telling you to do something else! Radleigh is a more positive person than I am ;)

Book review by Ellen of newagestudies.org and etsy.com/shop/newagestudies
published March 13, 2018